

Flourishing Schools 12 Month Programme

Best Value Tailor-Made Training Package for Schools and Clusters

This 12 month in-depth programme can help your school release excellence faster and all staff can be trained together.

The package ideally includes:

- ✓ Level I of the Flourishing Schools Programme (INSET Day).
- ✓ Circle Time in Action and Positive Playtimes Day (Working in School Day).
- ✓ Then 6-9 months later we follow up by evaluating your progress and adding more ideas through Level II of the Flourishing Schools Programme.
- ✓ We also include 3 x 1 hour telephone coaching/training sessions to support you in implementing the programme, action planning and assisting with any challenges in between training days.



Bonuses include: access to templates, guides, policies, questionnaires, audits, games packs and much, much more!

Special Projects

Increasingly schools are using their primary sports premium and pupil premium to employ Thérèse Hoyle for longer term projects to radically improve behaviour, lunchtimes, playtimes and the social and emotional skills of children. Please ask us about our bespoke service.

Professional Coaching

Thérèse is an international professional certified coach to educators, executives, business owners and service professionals. She serves as a catalyst for positive change by partnering with her clients to define specific outcomes and strategies that inspire them to act on their important goals.

Clients draw on Thérèse's expertise, experience and intuition and typically discover hidden strengths and talents. Clients say the benefits of coaching include, increased self-management, the ability to handle stress more effectively, better life outcomes and greater clarity about their own priorities.

"I'd recommend Therese for anyone who wants to review their effectiveness as a leader and to refresh their skills. I found Therese to be affirming, reassuring yet challenging. With her coaching I have become more accepting of myself and recognise that some of my perceived weaknesses are in fact strengths. This has been very powerful and I now have strategies in place to help me change some negative self-beliefs. With her support I have developed a deeper understanding of myself and my needs and in doing so I have strengthened both my leadership and life skills.

Helen Davies Headteacher Lickhill Primary School, Worcestershire.

Conferences

We regularly contribute to a large number of regional and national conferences. We offer keynote speeches and workshop sessions. Please contact us with your requirements.

About Thérèse Hoyle

Thérèse has over 25 years experience teaching in mainstream, special and tertiary education levels. For 20 years (and counting) she has worked as an education consultant, coach and trainer with over 450 schools and organisations, 50 local education authorities and 14,500+ individuals, nationally and internationally. She is a sought after consultant and advisor to schools and teachers on aspects of behaviour management, along with the social and emotional needs of children and teens. She is recognised as a leading UK Coach, Circle Time & Positive Playtime Expert, bestselling author of 101 Playground Games & 101 Wet Playtime Games and speaker at workshops and conferences nationally and internationally.



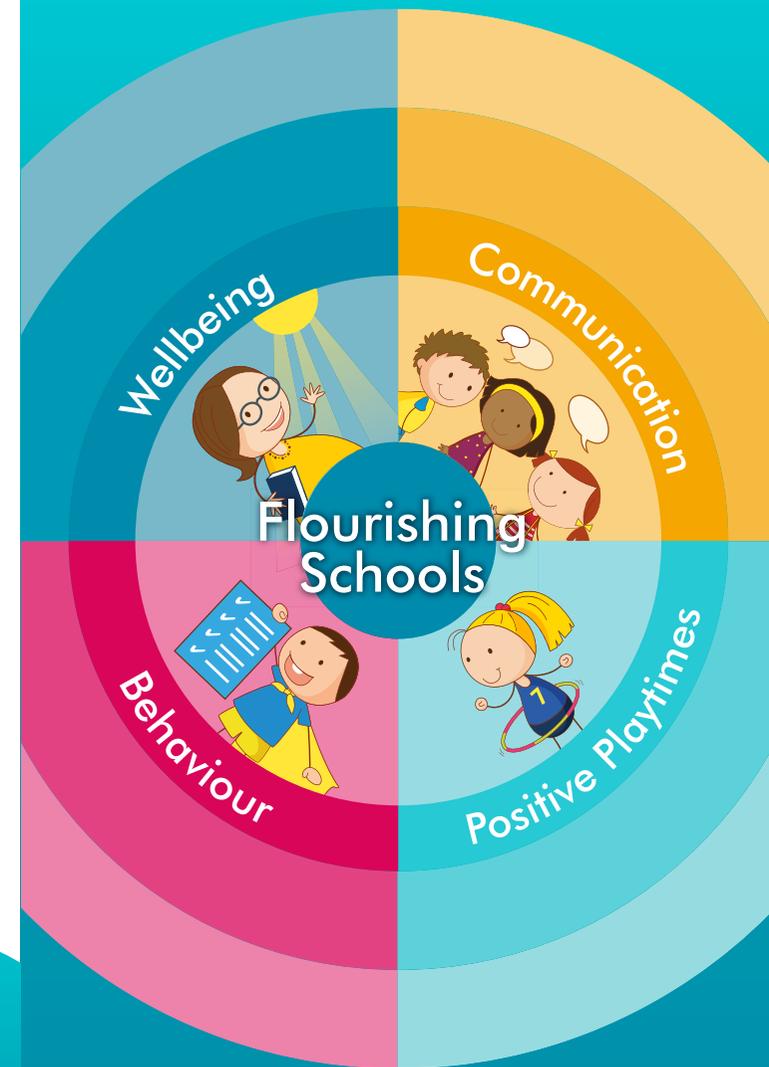
"A key feature of working with Thérèse is that she practices what she preaches – consistently creating the conditions and using the techniques that research has proven maximises the quality and quantity of learning."



Book your Discovery Session today and find out more about our programmes and how Thérèse Hoyle can help you.

**Call today on 0800 311 8991 / 0121 369 1998
or email therese@theresehoyle.com
www.theresehoyle.com**

We are a member of the:



Thérèse Hoyle's Flourishing Schools Programme

Flourishing Schools Programme Level I (INSET Day)

Creating safe and nurturing environments where educational achievement flourishes.

This day is an introduction to the Flourishing Schools Programme, an inspiring whole school wellbeing programme, which addresses problem behaviour, builds social and emotional skills and teaches children and adults to be more tolerant, friendly and kind.

It is a chance for you to invite all your staff and wider school community to an inspiring day.

You'll learn how to:

- ✓ Enhance the resiliency, confidence, self-esteem and wellbeing of adults and children.
- ✓ Run well-structured Circle Time sessions using the Circle Time unique 6 stage process.
- ✓ Develop a repertoire of games that build social, emotional and relationship skills.
- ✓ Develop a whole school approach to enhancing values, based on the 4 R's of – relationships, responsibility, resiliency and respect.
- ✓ Develop communication and social skills that enhance co-operative, responsible, pro social behaviour.
- ✓ Teach ways to resolve conflict through peaceful problem solving.
- ✓ Combat bullying or aggressive behaviour through a whole school approach.
- ✓ Offer insights into the influence of feelings on behaviour.
- ✓ Provide effective strategies to support troubled and challenging children.
- ✓ Boost and maintain staff energy levels.
- ✓ Deliver the PHSE, Spiritual, Moral, Social and Cultural (SMSC) Curriculum and SEAL in a fun, easy and user friendly way.



"This is the best professional development I have ever done."

Suzie Adamson, Deputy Head, Fernridge Primary School.

Flourishing Schools Programme Level II

An exciting extension day for those who already have some Circle Time skills and want to build on these or refresh their current systems.

You will:

- ✓ Deepen and extend the knowledge and strategies you already have.
- ✓ Learn new creative games and exercises to make Circle Time more exciting.
- ✓ Observe Circle Time in action with a chosen class.
- ✓ Re-energise Playtimes with our "Powerfully Positive Playtime Programme" (see opposite).

Circle Time in Action Day

Building Socially and Emotionally Intelligent Young People

A great day without having to close the school. We come into your school during an ordinary day and work with staff in the classrooms and playground.

On this day we will:

- ✓ Demonstrate Circle Time in two classes of your choice and all members of staff can be invited to observe.
- ✓ Debrief after each Circle Time demonstration.
- ✓ Observe the children at lunchtimes and run a "Powerfully Positive Playtimes" programme with the principal, senior management and lunchtime supervisors in the afternoon.
- ✓ Feedback all the ideas from both children and staff to an end of day staff meeting. Or, even better have a follow on PD Day. These ideas can be used to inspire the way forward to a more positive and supportive school.

All programmes are flexible in order to meet the needs of your school

"The Flourishing Schools Programme helped change the culture in our school. The harder stuff is contained in a report tabled at a board of trustee meeting in March: exclusion have gone from eight to one in two years, while detention rates have halved. The number of serious cases requiring major intervention by the principal was 34 in the first term. Plummeting to just 11 for the whole of last year."

Headteacher, Musselburgh Primary School. New Zealand.

Wellbeing at Work Programme

Balancing Work and Life

This is not an indulgence. It is a necessity! The welfare of your team is paramount to your children's and your school's success.

On this day you will:

- ✓ Learn self-care strategies to keep you and your team energised throughout the term.
- ✓ Identify and evaluate your own energy levels and create clear, self-care action plans that work for you.
- ✓ Learn strategies to deal with children and adults who challenge us at a fundamental level.

"We found Thérèse's day at school inspirational and motivating. Her style of working meant that everyone felt included and was able to actively participate, and leave feeling better informed, more confident, and ready for action! It was a great team-building day for all staff and helped everyone to work together with a greater understanding of our own and children's' daily needs."

Pam Simpson Headteacher Kimpton, Thruxton and Fyfield C of E Primary School

Stepping Stones Programme for Early Years

This Circle Time Programme makes each early year's child feel special.

On this day you will get new ideas to:

- ✓ Promote children's personal, social and emotional development.
- ✓ Develop speaking and listening skills.
- ✓ Developing resiliency, emotional literacy and wellbeing.

These fabulous techniques will re-energise and re-inspire you and your early years team.

Powerfully Positive Playtimes

A Whole School Approach

If a child is unhappy at lunchtime – they are unhappy at school.

On this day you will learn to:

- ✓ Develop a positive and effective lunchtime and playtime policy.
- ✓ Play a variety of new and traditional playground games.
- ✓ Establish or re-energise the Playground Activity Leaders (PALs) System and/or Peer Mediators.
- ✓ Create zoned activity areas.
- ✓ Develop effective positive behaviour management systems.
- ✓ Improve wet play.
- ✓ Create calm dining halls.
- ✓ Enhance morale and team spirit.

Our programme will inspire you to explore strategies the whole school can take ownership of and encourage both the adults and children to engage in creative play.

If it helps financially schools can invite teachers from other local primary schools to attend. Their individual fees are charged to your school.

"The biggest impact of our training with Thérèse Hoyle has been the sense of pride and purpose, feeling of being valued and ownership our MDSA's have taken with what goes on at lunchtimes. They are now more motivated, engaged in playing games with the children, have set up zoned activity areas and Playtime PALs.

As a result the children are being more tolerant, friendly and kind to one another which has led to a marked reduction in incidents of poor behaviour and fewer first aid incidents at lunchtimes."

Natalie Rankin, Deputy Headteacher. ARK Blacklands Primary Academy, Hastings.

What Ofsted said:

"You told us about your Playground PAL's, and we saw how they make playtimes better." Great Malvern Primary

