

Powerfully Positive Playtime Training



Simple effective playtime solutions

Our results show that when you get it right you have happier children, teachers, midday meal supervisors and parents!



Training We Offer

This flyer shows our most popular options. You can choose from a one to three day training package for your school, or if you require a more personalised package, we can create bespoke training that is more suitable to your requirements and/or budget.

Powerfully Positive Playtimes Master Class

This is our most popular training option. We come into your school over two days and work with your children and whole school team.

- ✓ Learn about the P.L.A.Y.E.R. Model™ to create a safe, secure and playful outdoor learning environment.
- ✓ Complete a whole school audit of lunchtimes and playtimes.
- ✓ Work with your lunchtime supervisors enhancing their morale and team spirit and developing a toolkit of ideas that will enhance and enrich playtimes.
- ✓ Work with the children to discover what they enjoy and what challenges them at playtimes.
- ✓ Teach and play a variety of new and traditional playground games.
- ✓ Establish or re-energise the Playground Activity Leader's (PALS) system and/or Peer Mediators.
- ✓ Develop effective playtime positive behaviour management systems and provide support with proactive strategies to tackle bullying.
- ✓ Learn how to run a well-structured circle time session using our unique 6 step process, which teaches pro social skills and ways to resolve conflict through peaceful problem solving.
- ✓ Create zoned activity areas.
- ✓ Improve Wet Play.
- ✓ Create calm dining hall.
- ✓ Bring everything together at the end of the day in a staff meeting, which will inspire teaching staff, giving them a toolkit of ideas and way forward.



Traditional Playground Games Workshop

On this day you will learn:

- ✓ Social and Life Skills
- ✓ The ability to problem solve
- ✓ Fitness and Fun
- ✓ Communication Skills
- ✓ Co-ordination
- ✓ Group Work Skills
- ✓ Confidence

Traditional playground games have historically been handed down from generation to generation. Sadly they are disappearing fast. Our cross curricular workshops are aimed at teaching children these games and re inspiring your staff. Children will be grouped according to age to ensure the games they learn are challenging and engaging.

No equipment is needed, just a group of enthusiastic children.

How to be a Lunchtime Superhero Workshop

This is a half or one day workshop for lunchtime supervisors which can take place during a normal school day or as an INSET training day.

On this day you will learn to:

- ✓ Develop a positive and effective lunchtime and playtime policy.
- ✓ Play a variety of new and traditional playground games.
- ✓ Establish or re-energise the Playground Activity Leaders (PALS) System and/or Peer Mediators.
- ✓ Develop effective positive behaviour management systems.
- ✓ Create zoned activity areas.
- ✓ Improve Wet Play.
- ✓ Create calm dining halls.
- ✓ Enhance morale and team spirit.



Special Projects

Increasingly schools are using their primary sports premium and pupil premium to employ Thérèse Hoyle for longer term projects to radically improve behaviour, lunchtimes, playtimes and the social and emotional skills of children. Please ask us about our 6 and 12 month programmes.

Re-Energise Your Playtimes – a tailor-made training package

For schools that already have a programme in place and are looking to re-inspire staff and children.

A bespoke service, where we listen to your needs, the outcomes you desire and tailor a programme specifically for your school.



What Ofsted say

“You told us about your Playground PAL’s, and we saw how they make playtimes better.”

*Great Malvern Primary,
March 2011 Ofsted Inspection*

About Thérèse Hoyle

Thérèse Hoyle is the UK’s leading training provider of Playtime and Lunchtime Programmes. She is the Bestselling author of 101 Playground



Games and 101 Wet Playtimes Games and Activities. For over 20 years Thérèse has worked with over 450 schools and organisations, over 50 local education authorities and with 14,500 individuals nationally and internationally. Her work is regularly featured in the media and education journals.

What schools say about our training

“The biggest impact of our training with Therese Hoyle has been the sense of pride and purpose, feeling of being valued and ownership of being valued and ownership of our MDSA’s have taken with what goes on at lunchtimes.

They are now more motivated, engaged in playing games with the children, have set up zoned activity areas and Playtime Buddies.

As a result the children are being more tolerant, friendly and kind to one another which has led to a marked reduction in incidents of poor behaviour and fewer first aid incidents at lunchtimes.”

Natalie Rankin, Deputy Headteacher. ARK Blacklands Primary Academy, Hastings.

“We found Thérèse’s day at school inspirational and motivating. Her style of working meant that everyone felt included and was able to actively participate, and leave feeling better informed, more confident, and ready for action! It was a great team-building day for all staff and helped everyone to work together with a greater understanding of our childrens’ daily needs.

We have initiated many of Thérèse’s Ideas already and children are reaping the benefits of more structured, cohesive play and lunch times. I’m sure we’ll be in touch for further training!”

Pam Simpson, Headteacher, Kimpton, Thruxton and Fyfield C of E Primary School.

We offer affordable, quality training and workshops

If you’d like to explore taking your playtimes and lunchtimes to the next level, call us today on **0800 311 8991 / 0121 369 1998** or email therese@theresehoyle.com



We are a member of the: 

